# MARCH 2022 MENUS



# SPRINGE

NON-STUDENT DAY



BREAKFAST

Chicken Biscuit
Yogurt with Graham
Breakfast Kit
Strawberry Apple Crisps
100% Juice
White Milk (Low Fat or Skim)

# LUNCH

Mini Queso Bites w/ Salsa
Tasty Brands Turkey & Cheese
Sandwich
Seasoned Black Beans
Cucumber Slices w/ Ranch
100% Fruit Juice
Assorted low Fat Milk

23

30

BREAKFAST

Sausage Biscuit
Mini Blueberry Pancakes
Breakfast Kit
Buddy Fruit® Cinnamon
Applesauce
100% Juice
White Milk (Low Fat or Skim)

## LUNCH

Original Cheeseburger Grilled Cheese Sandwich Creamy Tomato Soup Fruitables Veggie Juice Box Ocean Spray® Craisins Assorted Low Fat Milk 124

BREAKFAST

Bacon, Egg & Cheese Calzone Yogurt Smoothie w/ Graham Breakfast Kit Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)

## LUNCH

Four Cheese or Pepperoni Pizza Slice Chicken & Rotini Alfredo Steamed Broccoli Grape Tomatoes w/ Ranch Applesauce Cup Assorted Low Fat Milk

25

BREAKFAST

Sausage Biscuit
Banana Chocolate Chunk
Protein Bar
Breakfast Kit
Strawberry Apple Crisps
100% Juice
White Milk (Low Fat or Skim

# LUNCH

Popcorn OR Buffalo Chicken w/ Cheez its® 3 Bean Chili Cornbread Bow Fish & Chips w/ Breadstick\* Cheesy Spinach Bake Baby Carrots w/ Ranch Fresh Orange Smiles Assorted Low Fat Milk

# BREAKFAST

Bacon, Egg & Cheese Calzone Cocoa Cream Chip Protein Bar Breakfast Kit Raisin Box 100% Juice White Milk (Low Fat or Skim)

# LUNCH

our Cheese or Pepperoni Pizza Slice Tuscan Rotini w/ Meatballs Steamed Broccoli Cucumber Slices w/ Ranch Fresh Apple Slices Assorted Low Fat Milk BREAKFAST

Chicken Biscuit Yogurt with Graham Breakfast Kit Strawberry Apple Crisps 100% Juice White Milk (Low Fat or Skim)

## LUNCH

Macaroni & Cheese BBQ Pork Cornbread Bowl BBQ Baked Beans Baby Carrots w/ Ranch 100% Fruit Juice Assorted Low Fat Milk BREAKFAST

Sausage Biscuit
Eggo® Mini Cinnamon Waffles
Breakfast Kit
Buddy Fruit® Cinnamon
Applesauce
100% Juice
White Milk (Low Fat or Skim)

# LUNCH

Original Cheeseburger Chicken w/ Yellow Rice Oven Roasted Potato Wedges Fruitables Veggie Juice Box Ocean Spray® Craisins Assorted Low Fat Milk 31

BREAKFAST

Apple Cinnamon Chewy Bar Yogurt Smoothie w/ Graham Breakfast Kit Assorted Canned Fruit 100% Juice White Milk (Low Fat or Skim)

# LUNCH

Four Cheese or Pepperoni Pizza Slice Tasty Brands Turkey, Pepperoni &Cheese Croissant Roasted Carrots Grape Tomatoes w/ Ranch Applesauce Cup Assorted Low Fat Milk

APR 1

BREAKFAST

Sausage Biscuit
Banana Chocolate Chunk
Protein Bar
Breakfast Kit
Strawberry Apple Crisps
100% Juice
White Milk (Low Fat or Skim

# LUNCH

PizzaBoli
All American Hotdog
Fish & Chips w/ Breadstick\*
Cheesy Garlic & Herb Brocco
Baby Carrots w/ Ranch
Fresh Orange Smiles
Assorted Low Fat Milk